OUR STUDENTS EXCEL

Hunter Regional Athletics Carnival
Congratulations to the following students who travelled to Newcastle on Friday, 31 August to represent the Manning Zone at the Hunter Regional Athletics Carnival. What an amazing achievement for our talented athletes. Congratulations to Hannah W who was successful and will now attend the State Athletics Carnival.

WELCOME TO THE DAYS AHEAD

The following events are happening over the coming days and weeks:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Fri, 7 Sept</td>
<td>Book Covering Morning Tea - 9 am to 12 noon</td>
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<tr>
<td>Fri, 7 Sept</td>
<td>Assembly in the hall @ 2 pm - Class item by 4/5 N. All welcome.</td>
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<tr>
<td>Tues, 11 Sept</td>
<td>Internet Safety for Your Child - Presentation for Parents - 5.45 to 7 pm. (More information included in this newsletter)</td>
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</tbody>
</table>
UP AND COMING EVENTS CALENDER cont.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Sun, 16 Sept</td>
<td>School Fete - Come along and enjoy a great day while supporting our school.</td>
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<tr>
<td>Mon, 17 Sept</td>
<td>P &amp; C Meeting @ 3.30 pm. New members welcome.</td>
</tr>
<tr>
<td>Thurs, 20 Sept</td>
<td>“Shine On” matinee and evening performance at Club Forster. Tickets available at the office.</td>
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</table>

SCHOOL HAPPENINGS

**Book Covering Morning Tea**

We are holding a book covering morning tea in the library on Friday, 7 September from 9 am to 12 pm. Thank you to those parents that have already indicated they will be attending. Your help is greatly appreciated.

**Internet Safety for Your Child – Presentation for Parents**

We invite you to attend a special presentation on Internet safety. This presentation will be held on Tuesday, 11 September from 5.45 pm to 7 pm. Child care will be available. **ThinkUKnow** is an Internet safety program delivering interactive training to parents, carers and teachers. The presentation will prepare you with the basics to keep youth safe online. It is never too early or too late to prepare yourself for the online world. We look forward to seeing many of our parents at this important presentation. Child Care will be available. (A copy of the invitation is included in this newsletter)

**“Shine On” – Thursday, 20 September 2012**

“Shine On” is held every two years at Club Forster and involves all Great Lakes Learning Community Schools. Individual students, choirs, bands, recorder and percussion groups showcase the creative and performing talents within the Great Lakes area. Tickets for “Shine On” are available at the front office for both the matinee and evening performance at a cost of $8 per adult and $6 per student.

PACIFIC PALMS ART FESTIVAL

Ann Masters, representative of the Pacific Palms Art Festival, presented Kerry Tulloch with a $4000 donation to our school.

Special thanks to the following people for their continued support of the Pacific Palms Art Festival:

- All sponsors, especially major sponsors Reg Richardson AM and Doug North of Surgical Specialists Sydney.
- Judge - Reg Richardson
- Committee
- Artists
- Youth Art Entrants
- P & C
- Maureen Perkins, Caterer
- Nick and Tori Montague, Blueys Cellars
- All the volunteers who gave up their time to help on the weekend.

The winner of the People’s Choice Award was Nicole Bramble.

Congratulations to all winners and to Sally West whose painting was the overall winner, “Blueys Motel” which is now hanging on display in the front office.

The winner of the raffle was Mr Chris McMaster of Smiths Lake.
INFORMATION FOR OUR PARENTS

School Vegetable Garden Helpers Needed
Thank you to the gardening volunteers who have already given their time to the garden. If you enjoy gardening, and have some spare time, your help in the garden would be greatly appreciated. Solomon of 5/6W (Garden Master) recently grew some impressive broccoli.

School Fete – Sunday, 16 September 2012
Our school fete will be held on Sunday, 16 September from 9 am to 1 pm at the school.

You can help out at the school fete by:
- bringing cakes/slices along on the day to donate to the cake stall
- helping to cook the BBQ
- if you would like to perform an item contact Melanie
- donating a prize for the chocolate wheel (big or small)
- donating books and discs for the book stall

It is not too late to book a stall space, please contact Melanie on 0424 625 238 or drop your money into the office with name and contacts.

MESSAGE FROM THE PRINCIPAL

Book Series for Young Children
I am passionate about students developing the love for reading and there’s nothing like a series to inspire the bookworm in your child. Just think of the way kids reacted to the Harry Potter novels.

Establishing a good relationship with the first book in a series means children can generally be confident they will feel the same way about the rest of the series.
The books in a series often become easier to read as time goes on. Once your child is familiar with the first book’s characters, the landscape, style and the author’s voice, they can simply sit back and enjoy all the subsequent tales.

Another benefit of the book series is that kids can identify with kids who love the same series.

They can discuss the plots, predict what’s going to happen in the next series, and talk about the characters they like and dislike.

You may like to introduce your Kindergarten child to Russell Hoban’s *Frances*, a high-spirited badger that experiences all the usual childhood dilemmas, including the arrival of a new sibling.

For the next age group there are classics like Ruth Park’s *The Muddle-Headed Wombat*, Michael Bond’s *Paddington Bear* or contemporary series like Anna Fienberg’s *Tashi*, beautifully illustrated by Kim Gamble, in which the bold storyteller is a pixie-like character who relates many tall tales and is always the hero.

Another contemporary series is Moya Simons’ *Walk Right in Detective Agency*, the humorous adventures of two best friends who solve quirky cases.

For upper primary school students, Emily Rodda’s *Deltora Quest* series supplies endless hours of enjoyment in a fantasy world reproduced in three separate series, while her shorter *Wizard of Rondo* trilogy is popular and tightly written.

Deborah Abela’s *Max Remy* and Duncan Ball’s *Emily Eyefinger* are great light reads providing a childhood friend who will always be remembered affectionately. The same can be said of the boys’ own 007, H. I. Larry’s secret agent, *Zac Power*. 
MESSAGE FROM THE PRINCIPAL cont.

SASS Recognition Week

I would like to acknowledge the hard work done by our School Administrative and Support Staff (SAS Staff) as part of National SASS Recognition Week. Every day of the school year SAS Staff face new challenges in the running of our public schools and the provision of quality education which our children will need for life in the 21st century. They are constantly adapting to change so that our children can have the best education possible. The SAS Staff at our school are a dedicated group of professional workers. Recognition Week gives me the opportunity to acknowledge our SAS Staff and let them know that they are valued members of the school community and our school would not function as well as it does without them.

So a big THANK YOU to all our SAS Staff for the hard work and dedication. There is no way we could do such wonderful things for our students without their help.

Our SASS personnel include:

- **School Administration Manager**: Robin Rowe
- **School Administration Officers**: Angela Edwards, Lori Salt and Mylee Cheers
- **General Assistant**: John Wood
- **School Learning Support Officers**: Tony Russ, Edwina Vasers, Cindy Judson, Mel Shoesmith, Virginia Healey, Natasha MacArthur, Tina Jones, Lorraine Byrnes, Katrina Read

Rod Ryan
Relieving Principal
INTERNET SAFETY FOR YOUR CHILD

PRESENTATION AT SCHOOL

Tuesday - September 11th

Time: 5:45 – 7:00pm

Pacific Palms Public School invites you to attend a special presentation on Internet safety.

ThinkUKnow is an internet safety program delivering interactive training to parents, carers and teachers using a network of accredited trainers. The presentation will prepare you with the basics to keep youth safe online. ThinkUKnow has been developed by the Australian Federal Police (AFP) and Microsoft Australia. The 60 minute presentation, which includes time for Q&A, is delivered by two accredited volunteers paired together to take advantage of both law enforcement and industry-specific skills and knowledge. Real life case studies and videos are shown to assist in getting the message across.

It is never too early or too late to prepare yourself for the online world. In this session you will learn about technologies children are using, their benefits and their threats. Most importantly, if things go wrong you will be taught where to go so you are not alone.

Internet Safety for your Child

I would like to attend this information workshop:

NAME (S)............................................................................................................

I require child care for .......... children. Age (S).........................................................

(Children will be cared for in one of our classrooms. We will provide pizza and a popper and they can come dressed in their pyjamas if they like!)

Please return this form to school by Friday September 7th

MINIMAN

TRIATHLON

FORSTER

October 6

An open invitation to children (and parents) to participate in the triathlon festival on Oct 6. The festival has events for all levels. In particular the MINIMAN is designed for young primary school children aged 7 to 12 who would like to experience the thrill of completing a triathlon.

7 - 9yo: 50m Swim / 2km Bike / 500m Run,
10 - 12yo: 150m Swim / 4km Bike / 1km Run

For the bigger kids (parents and high school teenagers) who would like to try their hand at a slightly longer event there is the Enticer triathlon. This event has a 300m swim, a 6.5km bike ride and a 2km run. You can do this event on your mountain bike quite easily so don’t feel you need a racing bike to participate.

Go to www.eliteenergy.com.au and click on the triathlon event box then go to the Forster event.
GRAND FINAL
Men's Zone Soccer Grand Final
Pacific Palms Panthers v T.B.A
Sat 15th September 2:30 pm @ Palms Oval
Come and cheer on your local team as they attempt to take out the 2012 Men's Zone Soccer Championship.

Enjoy the family friendly carnival atmosphere as the kids play and you bask in the sunshine as the action unfolds in front of you.

B.B.Q, canteen and cold drinks will be available and live music, food and drink will continue into the evening after the presentation.

It has been over 15 years since the Palms has hosted such an event so do not miss out on what promises to be a celebration that will go down in history.

SEE YOU AT THE GAME!

INSIGHTS
by Michael Grose - No. 1 parenting educator

Keeping kids safe in a cyber world
Social media sites have taken cyber bullying and harassment to a new level. Here’s how to keep your kids safe when online.

Cyber bullying is one of the biggest, safety issues facing young people today. Bullying and harassment online is now commonplace. For instance, over a third of teens say they have been sexually harassed via the Internet.

The emergence of social media sites has seen cyber bullying go to a new level. Messages and images can now spread like wild fire, reaching a huge potential audience in the time it takes to upload an image or shoot off a text message.

Once the family home offered young people an escape from schoolyard bullies. Now the cyber world is so invasive that their bedrooms offer no guarantee of safety any more.

The cyber world is unforgiving. Young people have always wanted to escape from their parents world. In the past they hung out in shopping centres and pool halls. Parents tried their best to keep an eye on where their children were and what they were doing.

The online world is now the shopping mall of the 21st Century. Parents have the same responsibility to help kids stay safe in the online world as they do in the real world. ‘Stranger danger’ and accompanying safe behaviour are just as relevant in the online world as they are in the real world.

Parents should use the same offline preventative strategies to maximise their children’s online safety as they’ve always used. These strategies include, teaching children about the right way to behave online, don’t let them spend all night in the cyber world, and ask questions about what they are doing and where they go when they’re online.

Parents need to remind kids that things in the online world can spin out of control very quickly. A written message or an image can be circulated electronically so rapidly that the scope and scale of cyber bullying can be greater than any other form of bullying.

The following seven key messages form the basis of an online safety strategy for kids. They should be taught to kids so they become second nature, just as the messages about stranger danger were absorbed by an earlier generation.

1. Respect others. Make kids aware that what they send can offend.
2. Think before you send. Remind kids cyber space is a very public and permanent forum. A text message or image sent to just one person can be passed to a potentially unlimited number. Once they are sent: they’re almost impossible to erase and take back.
3. Think online passwords are your future tag. Teach kids to keep passwords guarded at all times. Young people can be incredibly trusting of each other, which is to be encouraged. However there are some things, such as online passwords that they don’t share, not even with their best friend.
4. Block bullies. Teach kids to block bullying messages. They can filter out messages and addresses online. Similarly, they can block text messages from bullies as well.
5. Don’t reply to harassment. Bullies can retain proof of your response, which can further be spread around. Besides responding to bullying behaviour often simply encourages the bully to continue.
6. Save the evidence. If kids are bullied they should keep the pictures and offending messages. These can be used as proof if the bullies are brought to justice.
7. Tell someone. The insidious part of bullying is that the kids on the receiving end often don’t seek help, as they think there’s something wrong with them. Talk with kids about going to a trusted adult, who can help them understand they are not alone and their rights or safety have been violated. They should then inform the school or local authorities for the appropriate service provider.

Sticking the proverbial lid in the sand regarding kids’ use of communications technology is no longer an option for parents. Savvy parents need to learn as much as they can about children and young people’s online lives so they can respond to situations appropriately.
Palms
Netball &
Soccer
Presentation

Join us for
games, BBQ, raffles
& loads of fun

Sept 9th at noon
Where: Palms Oval
BYO: Chairs & esky
Wet Weather: Palms School Hall

KIDS DISCO
NIGHT
With DJ Travis
At Pacific Palms Recreation Club
School holiday fun
WEDNESDAY 26TH
SEPTEMBER AND
WEDNESDAY 3RD OCTOBER
6PM – 9PM
AGES 15YRS AND UNDER
FREE ENTRY
GAMES AND PRIZES
COURTESY BUS AVAILABLE
PH. 65540207